



2016-2017 SEASON BROCHURE



Runs

September 1, 2016 to August 31, 2017



www.skatepowerplay.com

OUR 15th ANNIVERSARY!

Contact Us!

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CALL US 610-458-9160

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Pro Shop Ext. 101

Adult & Youth Leagues / Learn to Play / Dyna-Mites - Ext. 107

Goalie Private Lessons & Private Stick Skills on Synthetic/
Tournaments - Ext. 103

Exton Elite Girls Ice Hockey – Ext. 104

Ice Rentals / School & Large Group Skates / Employment
Ext. 110

Exton Edge Figure Skating / Learn to Skate / Synchronized
Skating Ext. 107

Birthday Parties / Snack Bar / Vinny Vegas Pizza Pre-Orders
Ext. 105

Bulls Ice Hockey / Bulls Prep / Exton Jr. Bulls Ext. 107

DATES RINK TO BE CLOSED

Sept. 4th, Nov. 24th, Dec. 25th, Apr.16th, May 14th, May
28th, May 29th, June 18th, July 4th

Check us out on

Facebook - www.facebook.com/powerplayexton/

Twitter - <https://twitter.com/powerplayrinks>

www.skatepowerplay.com

Public Skating

DAY	TIME	PRICE <small>All prices include skate rental (Tots 4 & under \$4)</small>	RUNS
Mon-Fri	12pm-1:30pm	\$7	Year Round
Friday Night	8:35pm-10:05pm	\$9	Mar. 10 th to Sept. 1 st
Saturday	12:45pm-2:15pm	\$7	Dec. 17 th to May 6 th Jul. 8 th to Aug. 19 th

Additional Public Skating Times \$7

September	3rd – 12:45pm-2:15pm
November	26th - 12:45pm-2:15pm & 6:30pm – 8pm 27th - 1:15pm-2:45pm
December	26th - 12pm-1:30pm & 3:30pm-5pm 27th - 12pm-1:30pm & 3:30pm-5pm 28th - 12pm-1:30pm & 3:30pm-5pm 29th - 12pm-1:30pm & 3:30pm-5pm 30th - 12pm-1:30pm & 8:35pm-10:05pm 31st - 12:45pm-2:15pm & 6pm-7:30pm
January	1st - 12:45pm-2:15pm 2nd - 12pm-1:30pm
February	17th – 8:35pm-10:05pm

Unlimited Summer Public Skating Pass

Purchase a pass to attend unlimited Public Skating from June 15, 2017 to August 31, 2017 - \$90.

Open Hockey

Full Equipment Required. Pucks are NOT provided. Youth must wear a full cage. Adults must have helmet.

DAY	TIME	OPEN TO	PRICE	RUNS
Friday Afternoon	1:40pm-3:05pm	17 & Up	\$7	Sept. 2 to June 16 th (No Dec 30 or Mar. 3)
Friday Night	10:15pm-11:45pm	17 & Up <i>Must provide ID</i>	\$10	March 10 to Aug 25

CHECK WEBSITE FOR UPDATED DATES AND TIMES

www.skatepowerplay.com

Schedule for Christmas Eve & New Year's Eve

TIME	EVENT	OPEN TO	PRICE
9am-10:15am	One Day Figure Skills Clinic	Skaters Basic 8 & Above	\$25
10:30am-11:45am	One Day Hockey Skills Clinic	Mite, Squirt & Pee Wee	\$25
12pm-1:30pm	Public Skating	All Ages	\$7
1:45pm-3:15pm	Youth Open Hockey	17 & Under	\$7

Futsal "Cross Ice" Hockey Tournament

2 DIVISIONS

Mites Division – December 27th

Squirt/Pee Wee Division – December 27 & 28

- Games played 3-on-3 plus a goalie
- Games played half ice with boards
 - Penalties are Penalty Shots
 - All divisions are non check
 - Officials and Scorekeepers
- Games are 2-15 min. running clock periods
 - Playoffs and Championship
 - Individual registration only
- Teams divided by director only, no requests
 - **6 Game Minimum**

\$99 per player

RON'S

ORIGINAL BAR & GRILLE

DINE IN • TAKE-OUT • DELIVERY
LIMITED DELIVERY AREA

HERITAGE CENTER
ROUTE 113, JUST NORTH OF ROUTE 100
LIONVILLE, PA 19341

610-594-9900
FAX 610-594-9999

Summer Hours:

Mon-Thurs: 11am-10pm • Fri & Sat: 11am-11pm • Sun: Noon-10pm

Winter Hours:

Mon-Thurs: 11am-9:30pm • Fri: 11am-11pm • Sat: 11am-10pm • Sun: Noon - 9pm
(Closed Only for Easter, Thanksgiving, Christmas Eve & Christmas)

BAR HOURS OPEN LATER

www.skatepowerplay.com



Power Play Rinks makes your child the star of the rink with our ice skating party. All parties require a \$75 non-refundable deposit before the date of the party is confirmed. A lesson can be added where a coach will teach a 20 minute group lesson for your party guests at an additional \$25 fee.

**All parties are required to pay an additional 15% gratuity.
For a Birthday Party call x105 or pay deposit on-line.**

BASIC PARTY PACKAGE \$200

All parties include 10 guests plus the party child
(\$12 each additional guest)

INCLUDES:

- 2 slices of pizza per guest
- Endless fountain beverages
- Skate rental and admission
- Goodie bag for each guest
- Party Room (2 to choose from)
- Party Host

The first floor party room is small and can hold up to 12 children
All basic parties are scheduled during Public Skating sessions.

VIP PARTY PACKAGE \$500

(Only available Mar.-Aug.)

Open to 49 guests or less

INCLUDES:

- Gift Bag for Birthday Child
- 8 Pizzas
- Endless fountain beverages
- Skate rental
- 1.5 hour party room rental
- Party host
- 1 hour of private Ice
- 2 skate guards to monitor ice

No hockey, sticks, pucks, etc., are permitted during parties.

Birthday Party Questions call 610-458-9160 x105
or email tammy@powerplayrinks.com

Deposit must be made online to reserve a date.
Cake and Candles not provided.

www.skatepowerplay.com

Learn to Skate

Cost: \$139 for a 7-week Session – Ages 4 to adult

Have fun while learning the fundamentals of ice skating! No previous skating experience is required. Each class consists of a half-hour group lesson and a half-hour of a supervised practice session. Each student may bring one parent on the ice during the practice session for a small fee. No siblings/friends may be on the ice unless in the class. Classes are broken up based on age and experience.

HELMET RULE: All children under 7 years old are **REQUIRED** to wear a bike or hockey helmet. We do not loan helmets. Dress warmly and wear gloves.

Session	Thursdays "Tots" 10:30am-11:30am or 1:40pm-2:40pm	Fridays 7:25pm -8:25pm	Saturdays 11:35am -12:35pm
Session 1	September 15, 22, 29 October 6, 13, 20, 27	September 9, 16, 23, 30 October 7, 14, 21	September 17, 24 October 1, 8, 15, 22, 29
Session 2	November 3, 10, 17 December 1, 8, 15, 22	October 28 November 4, 11, 18 December 2, 9, 16	November 5, 12, 19 December 3, 10, 17 <i>\$120 (6 classes)</i>
Session 3	January 5, 12, 19, 26 February 2, 9, 16	January 6, 13, 20, 27 February 3, 10, 17	January 7, 14, 21, 28 February 4, 11, 18
Session 4	February 23 March 2, 9, 16, 23, 30 April 6	February 24 March 3, 10, 17, 24, 31 April 7	February 25 March 4, 11, 18, 25 April 1, 8
Session 5	April 13, 20, 27 May 4, 11, 18, 25	April 14, 21, 28 May 5, 12, 19, 26	April 15, 22, 29 May 6, 13, 20 <i>\$120 (6 classes)</i>
Session 6 Summer Special \$85 (6 Classes)	N/A	June 2, 9, 16, 23, 30 July 7	N/A
Session 7 Summer Special \$85 (6 Classes)	N/A	July 14, 21, 28 August 4, 11, 18	N/A



www.skatepowerplay.com

Learn to Play Ice Hockey

Cost: \$129 for a 7-week session - Ages 4-14

We offer a Learn to Play Hockey class that is devoted to enhancing the hockey skills needed to advance players into youth ice hockey. Our philosophy is to allow the players to develop their hockey skills while growing their love for the game. Every week the players will work on skating skills, puck skills, and partake in some type of game to keep them coming back for more. All participants should begin their journey in LTS and be able to skate around ice without falling, stop, and be able to move backwards.

Required Equipment

Hockey Helmet with cage or shield, elbow pads, gloves, cup/pelvic protector, hockey shin pads, ice hockey stick, and hockey pants. Rental skates are provided free of charge for those who need them.

Session	Saturdays 10:45am-11:45am
Session 1	Sept. 17, 24 & Oct. 1, 8, 15, 22, 29
Session 2 (\$110)	Nov. 5, 12, 19 & Dec. 3, 10, 17 <i>This 6-week session \$110</i>
Session 3	Jan. 7, 14, 21, 28 & Feb. 4, 11, 18
Session 4	February 25 March 4, 11, 18, 25 & April 1, 8
Session 5 (\$110)	April 15, 22, 29 & May 6, 13, 20 <i>6-week session \$110</i>
Session 6 <i>(Summer Rate \$85)</i>	FRIDAYS 6:15pm - 7:15pm June 2, 9, 16, 23, 30 & July 7 6 sessions
Session 7 <i>(Summer Rate \$95)</i>	FRIDAYS 6:15pm - 7:15pm July 14, 21, 28 & August 4, 11, 18, 25 7 sessions

Hockey One Day Skills Clinic

\$25 per session

One day skills clinics are great for players to focus on the game on their day off. Full equipment is required. All clinics will work on a variety of skills. Each session includes an hour of instruction and fifteen minutes of games. Clinics are open to birth years 2009-2004.

Pre-registration preferred. Walk-ons only if clinic is not sold out.

Date	Time
October 12 th	10:30am-11:45am
November 8 th	10:30am-11:45am
November 23 rd	10:30am-11:45am
December 24 th	10:30am-11:45am
December 31 st	10:30am-11:45am



 <p>High Performance Academy</p>	<p>High performance Academy is a training method used by Russian champion skaters to train in small groups with skaters of similar abilities. The Academy will be coached by high level coaches in a rotating small group lesson with a 21 skater limit.</p> <p>Session 1 (Sundays at the HILL SCHOOL) 1:30pm-2:30pm \$480 Oct 16, 23, 30 - Nov. 6,13,20 - Dec. 4, 11 Jan. 8, 22, 29 - Feb 5, 12</p> <p>Session 2 (Fridays at Power Play) March 10, 17, 24, 31 - April 7, 14, 21 5pm-6pm \$259</p> <p>Session 3 (Saturdays at Power Play) March 18, 25 - April 1, 8, 15, 22 3:45pm-4:45pm \$222</p> <p>Session 4 (Fridays at Power Play) April 28 -May 5, 12, 19, 26 - June 2, 9 5pm-6pm \$259</p> <p>Session 5 (Saturdays at Power Play) April 29 May 6, 13, 20 June 3, 10 3:45pm-4:45pm \$222</p>
<p>Spring & Summer Freestyle Packages</p>	<p>Power Play offers two Freestyle packages to encompass the Spring and Summer months. Spring Session - 3/14/2017 to 5/27/2017 \$315 Summer Session - 5/31/2017-8/31/2017 \$375</p>
 <p>Exton Edge Synchronized Skating</p>	<p>Fall/Winter Exton Edge Synchronized Skating Season The Exton Edge FSC fields competitive and exhibition Synchronized Skating teams during the Fall and Winter. Teams are comprised of 8-16 skaters that practice and showcase their routines in various shows and competitions. Tryouts are held in April annually for the upcoming season.</p> <p>Spring Synchronized Skating This 11-week program is designed to develop new synchro skaters and strengthen current team members. This one of a kind class has an end of season performance on June 3rd during the last 10 minutes of ice. The class focuses on introducing skaters to synchronized skating while developing individual skills. Runs Saturdays 2:25pm-3:35pm March 18th to June 3rd (no class May 27th) \$225 (includes team shirt)</p>
<p>“Theatre on Ice” July 10 - 14, 2017</p>	<p>See Summer Camps on page</p>
<p>High Performance Academy Figure Camp August 7-11, 2017</p>	<p>See Summer Camps on page</p>
<p>One Day Group Skills Clinic</p>	<p>One day skills clinics are great for figure skaters to focus on their skating technique on their day off. Clinics will work on a variety of skills. Each session will include one hour of instruction and fifteen minutes of fun. Open to skaters who passed Basic 5 and above. Pre-registration required, walk-ons are only taken if the clinic is not sold out. All Clinics are 9am-10:15am. October 12th, November 8th, November 23rd</p>



“ICE ATTIC”

Private Shooting & Puck Skills Lessons

\$30 per session – All Lessons are 30 minutes

We offer half hour private lessons conducted one on one with a skills coach on synthetic ice. Private lessons offer an environment free of distractions to allow your player to improve on their individual deficiencies at their own pace. The coach will cater the lesson to the player's needs. Players can elect to work on shooting, puck handling, or a combination of both. Lessons are most beneficial when we are able to work with a player on a weekly basis for multiple sessions to allow the player to work on the teachings from the lesson at home. Lessons must be booked in advance.

Contact: adam@powerplayrinks.com

Private Goalie Training on Synthetic Ice

\$30 per session – All Lessons are for 30mins

1-on-1 goalie lessons allows your goalie to work on the specific problems in their game. The 1-on-1 interaction provides a comfortable environment for a goalie to improve at their own pace. For all NEW goalies your first lesson is FREE. After each lesson you will receive a quick review of your goalie's strengths and weaknesses. Lessons must be booked in advance.

Contact: Goalies@powerplayrinks.com



The Lab Training Center

The Lab offers a unique training experience that will help any team sport athlete take their performance to the next level. S4 Semi-Private Personal Training Program is designed to provide highly motivated athletes the ultimate training environment to improve and succeed. Our training programs guarantee increases in strength, speed, agility, explosive power, mobility, flexibility, and work capacity.

S4 Program Includes:

- Unlimited Semi-Private Personal Training
 - Personalized Workout Plan
 - Functional Movement Screen
 - Periodic Performance Assessment
 - Monthly Access to Athletic Trainer
- VISIT www.thelabtc.com and REGISTER today!

#labrats



Bulls Selects / Exton Elite Summer Selects

The program is dedicated to players who want to advance their game during the off season. Players will train to bring their game to the next level. We try to accept every player into the program however there are some cases where we need to cut players.

Register online by March 1st with a \$100 deposit
 Players not offered a spot in the program
 will receive an \$85 refund.

Tryout will begin April 18th more information at:

WWW.BULLSHOCKEY.ORG

Birth Year	Program Details	Cost
<u>BULLS</u> <u>MITES</u> 2008 & Younger	13 Station-Based Skills Clinics (Mondays 5:50pm) 14 cross or Half-Ice Scrimmages (Fridays 6:10pm) Practice Jersey INCLUDED (No ice 5/30) Mite Program Starts March 13th and Ends June 16th	\$325
<u>U10-U16</u> 2008-2001	10 Skills Clinics (Tues., Weds. or Thurs.) 10 Team Practices (Sat. or Sun.) 1 Tournament Included in price Additional tournaments available at additional costs.	\$375
<u>U14, U16,</u> <u>U19</u> Exton Elite	10 Skills Clinics (Tues., Weds. or Thurs.) 10 Team Practices (Sat. or Sun.) 1 Tournament Included in price Additional tournaments available at additional costs.	\$375
<u>U18 & U20</u> <u>2000-1997</u>	8 Team Practices (Sat. or Sun.) 2 Tournaments included in price	\$375

Bulls Game Jersey and Socks are REQUIRED for Squirts through Midgets.
 Jerseys and socks can be ordered through the proshop
 Mites DO NOT need to purchase a jersey or socks, jerseys will be provided.
 *All hotel stays will be paid by player's family.



www.skatepowerplay.com

Youth Leagues



Kings Developmental Program

The program is a perfect transition for players coming out of Learn to Play or just playing Scholastic hockey. The program focuses on developing individual skills and teaching hockey concepts to create well rounded players. Players will participate in 18 one hour on ice practice sessions on Saturday (7:35am) at Power Play. The program includes a minimum of 6-games (3home/3away), tournament MLK Weekend, jersey, socks, coaching & a year-end party. Open to birth years 2007-2004.

Season Runs: Oct 15th to March 18th (19th Team Party)

Price: \$450 per player.

Youth Spring League

The Spring League is great for players to come out and play a weekly game in the Spring. Teams are broken up evenly to create good competition. Open to birth years 2008 to 2005. The league consists of 12-games and a final. Games will be played on Saturdays nights and Sunday afternoons.

Evaluation: March 18th at 4:55pm

Season Runs: March 18th to June 11th

Price: \$295 includes jersey

(Register by Feb. 2nd receive \$45 discount.)

4 on 4 Summer Skate

The program has kids come out once a week to play a game to stretch their legs and have fun over the Summer. Each week the teams will be broken up differently. Program includes 5-games and pinnie.

All divisions will be NON CHECK!

Birth Years 2009 and Younger - Mondays 5:30pm

Birth Years 2008-2005 - Mondays 6:55pm

Birth Years 2004-2001 - Tuesdays 6:25pm

Season Runs: July 10th to August 8th **Price:** \$99

Register by May 1st receive a \$14 discount.



USA Hockey Registration is required for all Youth League Programs. USA Hockey has an additional cost and is good from the 1st week of May until the following August 31st. To register go to www.usahockeyregistration.com

www.skatepowerplay.com

Skills Clinics

All skills clinics require FULL hockey equipment.

Squirt Skills

This clinic focuses on specific skills and drills that are directly beneficial to U10 age players based upon Long Term Athlete Development & USA Hockey's A.D.M. Clinic is open to Birth Years: 2008-2006

Wednesday Session 5:25pm-6:30pm March 8, 15, 22, 29, April 5 Cost: \$75	Thursday Session 5:15pm-6:30pm March 9, 16, 23, 30, April 6 Cost: \$90
Do Both Wednesday and Thursday Sessions for \$140	

Gritty Not Pretty

This 16-week program is dedicated to improving a player's physical game. Gritty works on executing a check, receiving a check, proper body positioning, how to win battles in the corner, puck control under pressure, playing with intensity, safety, and much more. Grit definition - resolution, fortitude, courage.

Open to birth years 2005 to 2003. Clinic runs Tuesdays
March 7 – June 20 from 5:30pm-6:30pm **Price \$245**

Semi Private Hockey Training

Semi Private Lessons create an environment with less distractions and more individual attention. Sessions include 7 weeks of 50 minute lessons. There will be a max of 4 players per coach. The lessons will work on a variety of skills.

Sessions run Mondays 4:50pm-5:40pm. No group requests.

Session 1 - March 13, 20, 27 April 3, 10, 17, 24

Session 2 - May 1, 8, 15, 22, June 5, 12, 19

Price \$250 per session

Beginner Power Skating

Beginner Power Skating is a clinic that is ideal for A, B, and beginner level players to focus on developing their stride, balance, and skating ability. This program is centered on improving a player's skating skills, explosion, and pure development. Open to 2003-2006 Birth years.

Clinic Runs: Mar. 6th 6:45pm, Mar. 7th 6:40pm, Mar. 8th 6:40pm, Mar. 9th 6:40pm

All slots are hour and fifteen minutes. **Price \$75**

Advanced Power Skating

Advanced Power Skating takes a more intricate approach to edge control and generating power. This clinic is open to advanced and elite level skaters. Open to birth years 2006-2001.

Runs: March 14, 15, 16, 21, 22, 23 - 6:40pm-7:55pm

Price \$110

www.skatepowerplay.com

Pre-Evaluation Skills Clinic

This 6-Day clinic works on a variety of skills to prepare you for evaluations. The clinic will have a high tempo while improving stick handling, shooting, skating, and decision making.

Open to 2007-2003 birth years.

Clinic Runs: March 28, 29, 30 April 4, 5, 6 - 6:40pm-7:50pm

Price \$110

Shoot to Score

This clinic works on stick handling - from dekes, skating through traffic, skating in open ice, passing: proper techniques on giving a pass, receiving a pass, receiving a pass on the move, and, of course shooting to score - how to shoot hard but also accurately. Open to birth years 2006-2001.

March 13, 20, 27 April 3, 10 from 7pm-8:15pm

Price \$90

The Best Defense Spring Skills

This clinic is for players looking to become a better defenseman. The class will focus on defensive skills, positioning, backward skating, read and react and much more.

Open to birth years 2006-2001.

Runs April 17, 24, May 1, 8, 15 from 7pm-8:15pm

Price \$90

Just Score!

This clinic only focuses on one thing, Scoring Goals! We focus on proper shooting technique, shooting lanes, high percentage scoring zones, and other tactics on scoring goals and increasing production. The clinic is open to birth years 2006-2001.

Runs May 22, June 5, 12, 19, 26 from 7pm-8:15pm.

Price \$75



www.skatepowerplay.com

ADULT HOCKEY PROGRAMS



Adult Instructional

Have you ever wanted to play the game of hockey but aren't quite ready for adult league? Do you play in an adult league now but just aren't satisfied with your skills? If so, this is for you. In this program we teach the game of hockey from individual skills, to all out team play. Power Play is offering 2 different sessions of Adult Instructional. Each session includes 9 practices, 1 game, coaching, and a jersey. All practices are 1.25hrs. long.

Each session cost of \$199 or sign up for both for \$350.

Required Equipment: (Not provided) Hockey Helmet, Elbow Pads, Gloves, Hockey Pants, Shin Pads, Stick.

Rental skates are available at no charge.

Session 1

February 26th 9:20pm	March 5th 9:20pm
March 12th 7:00pm	March 15th 8:05pm
March 19th 7:00pm	March 22nd 8:05pm
Mar. 26th 7:00pm	March 29th 8:05pm
April 2nd 7:00pm	April 5th 8:05pm (Game)

Session 2

April 9th 7:00pm	April 23rd 7:00pm
April 30th 7:00pm	May 15th 7:00pm
May 21st 7:00pm	June 5th 7:00pm
June 11th 7:00pm	June 19th 7:00pm
July 9th 7:00pm	July 16th 7:00pm (Game)



www.skatepowerplay.com

Gray Beard Hockey



Gray Beard is designed for the older more “seasoned” hockey players. The goal is to allow older players an opportunity to enjoy hockey without the hassle of chasing the younger players. Gray Beard is a “pick up” style game open to players of most ability. Players are **required** to purchase a reversible jersey in the pro shop. Every week the teams are changed to keep the games competitive. All games include one official and a score keeper.

No stats are kept, just a night of good hockey. We offer three different sessions of Gray Beard. Players must provide a current USA Hockey Number upon registering. No walk-ons are permitted. Players must be paid in full to hold their spot.

Players must wear a cage or half shield at the minimum.

SESSION	AGE & FEE	DATES
Fall/Winter Saturday Nights	35 & Older (23 Weeks) \$285	Runs Sept. 10 to Mar. 4 10:35pm (No ice on 11/26, 12/24, 12/31)
Spring Mondays	35 & Older (24 Weeks) \$375	Runs Mar. 6 to Aug. 28 8:25pm (No ice on 5/29, 7/3)
Spring Tuesdays	40 & Older (24 Weeks) \$375	Runs Mar. 7 to Aug. 22 9pm (No ice on 7/4)



Power Play offers and adult hockey league catering to players 18 and older. Registration can be done individually or as a team.

www.therohl.com







For more information contact

zach@powerplayrinks.com

or 610-458-9160 x107

www.skatepowerplay.com

2017 SUMMER CAMPS

 <p>June 19-22</p>	<p>Best Defense Hockey School addresses the backbone of any team; the defensemen. The focus of this camp is to develop the four main principles of Defense: skating, positioning, puck control, and game situations. Camp includes 3 hours of ice, chalk talk, lunch and dryland daily. \$260 (Includes Lunch) <i>For more info visit www.tbdhockey.com or enroll online @ www.skatepowerplay.com</i></p>
 <p>The LAB June 26-June 30</p>	<p><u>Extreme Skating Half-day Camp 8:30am-12pm</u> We teach you the basics and then force you to skate faster and harder than ever before. Combining North American power-skating with European edgework. Open to Squirts-Bantams - \$190/player <u>Shooting Essentials Half-day camp 12:30pm-4pm</u> A shooting and stickhandling clinic that will teach players how to take better shots from anywhere. Open to birth years 2008-2003 - \$190/player ENROLL at www.awhockeyskills.com</p>
 <p>July 10-14 Theatre Camp</p>	<p>Theater on Ice Camp is open to figure skaters who passed Basic 4 and above and are between the ages of 6 and 15. During this week long full day camp the skaters are trained to perform an ice production that will take place at 3:30pm on Friday July 14th. \$399 (Includes Lunch)</p>
 <p>July 17-20 MEGA MITE</p>	<p>Mega Mite Camp focuses on building the all around MITE age hockey player. The camp will work on every aspect of hockey; power skating, puck skills, game situations, and conditioning. This 1/2 Day camp includes, 1.75hrs of on ice instruction and games, and 45mins of off-ice DAILY! Camp runs 12:30pm-3:30pm Mon-Thurs. \$150</p>
 <p>July 17-20 Midget Combine</p>	<p>The Combine was created for High School age players looking to train in the off-season with players of the same age and ability. Players are challenged to understand what lies between them and where they want to be. This half day camp includes 1 hour and 15 minutes on ice and 1 hour off-ice daily in The Lab. Runs Monday-Thursday. Open to 1999 thru 2002 Birth Years. \$160</p>
 <p>July 24 – 28 July 31-August 4</p>	<p>Kings Training Camp Open to Kings Players only! Jul. 24th - 28th Birth Years 2003-2004 – Jul. 31st – Aug. 4th Birth Years 2008-2005 \$299 (Lunch Included)</p>
 <p>Hockey Academy August 7 - 11</p>	<p>The Power Play Hockey Academy focuses on building all around hockey players by combining skill development with game simulation drills. Camp includes 1.25 hrs. of skills and 1.25 hrs. of battle/games on ice daily. Camp also includes 1 hr. of dryland training and 1 hr. of stick skills off ice daily. \$275 (Lunch Included)</p>
 <p>HPA August 7 - 11</p>	<p>Power Play Rinks offers a high level camp open to figure skaters aiming to be elite. Camp includes 2.5 hrs. on ice, jumps and spins workshops, and conditioning in The Lab daily. \$350 per skater (Lunch Included)</p>
 <p>Goalie School August 14-18</p>	<p>Ondra Goalie School is open to goalies of all ages and levels. The new camp curriculum is designed to challenge, critique and perfect the individual goalies technique. Each day will consist of two on-ice sessions and dryland training. The full day camp includes coaching, practice jersey and camp lunch. Register online at www.skatepowerplay.com Cost: \$425</p>

www.skatepowerplay.com